



## #11 - NOLAN KROGFOSS

**Birthday:** March 11, 2001  
**Hometown:** Cloverdale, BC

**Best vacation you've been on?**  
Maui

**Do you have any pre-game superstitions?**  
Taking a nap before a game

**Favourite ice cream flavour?**  
Chocolate

**Besides hockey, I am also good at:**  
Soccer and basketball

**Go-to karaoke song:**  
Tequila by Dan and Shay

**Something you are good at cooking:**  
Quesadillas